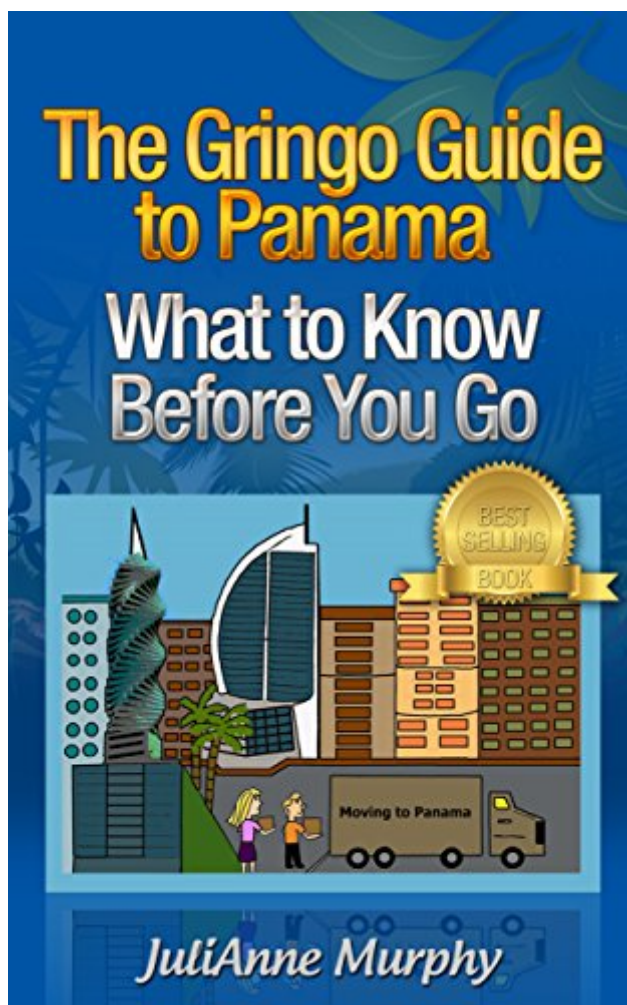


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# The Gringo Guide To Panama - What To Know Before You Go



## Synopsis

The Gringo Guide to Panama - What to Know Before You Go - UPDATED as of March 2016! In early 2008, executive JuliAnne Murphy was transferred to Panama; a move which would prove challenging and rewarding and would ultimately lead to the writing of this book, The Gringo Guide to Panama: What to Know Before You Go. In this book, JuliAnne shares her experiences - from her first naive preconceptions about life in Panama to learning first hand just how laughably incorrect most of them were. The first two years of her transition were tough, an experience shared by many other Panama expats. Previously published under pen name Elizabeth Vance for privacy reasons, The Gringo Guide to Panama book series is the result of JuliAnne's journey into the culture of the isthmus over several years. This first book in the series offers personal, realistic advice for what may be the biggest move of your life, whether you come for business, retirement or adventure. Other books give you the nuts and bolts of moving to Panama; The Gringo Guide to Panama goes beyond that. It walks you through the rest of the story...the nuances of the culture and the idiosyncrasies of the lifestyle you'll find today in Panama, in a pragmatic, straightforward way. What you'll read here will help manage your expectations, begin to understand the country, assimilate and settle more quickly. Benefit from a frank and humorous overview from someone who's been there, done that, and lived to write a bestselling cultural guidebook series about it. You might dispel some unrealistic expectations and save yourself the worry and heartache that so many expats experience when they move to Panama. If you do take the plunge, then the Gringo Guide to Panama will help you find your way faster, and easier and have a lot more fun! Are you moving to Panama? Retiring In Panama? Want to learn about the Expat Panama Life? Get The Gringo Guide To Panama What to Know Before You Go, and get the real info on living in Panama from a North American's cultural perspective.

## Book Information

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## Customer Reviews

Definite read for anyone hoping to retire in Panama-most informative! Saved us from making a wrong move.Arrived quickly

This is best for someone looking to start a business and wants this persons single perspective on Panama, ot so helpful for retiree's. Still she gives an honest look at the wake up call that someone from the East Coast may have as a revelation of a departure from American life.

Very informative.

I have been to Panama twice for travel and enjoyed the country very much. One thing that the author did not touch on that I found there was when you are eating in a restaurant, you should have to expect to ask for the bill. PANAMANIANs have NO rush that we expect here in the USA. I don't think it is a bad thing, but you should be prepared to a much more laid back approach to life. Also learn that most EVERYTHING is negotiable and expected in Latin countries.

This book answered many questions I had about considering Panama as a retirement option. The personal details are what makes this book invaluable to anyone thinking of moving/living in Panama, for short or long-term retirement option. There were many things discussed that I had never considered about making such a move. After reading this book, I am reevaluating my thoughts regarding retirement in Panama and looking to other locations. I haven't ruled Panama out completely, yet this book opened my eyes to the realities that such a move entails. After reading this book, I think I could handle Panama, but not so sure my husband could. :-)

If you are considering a move, this is a must read. It's a slice of real life of an expat in Panama.

This really is a book what would help someone with means who wants to move to Panama and perhaps start a business. There is much to learn about a new culture and government and this book will help you understand what to expect. No romantic notions about living in central America and laying on the beach wasting time and drinking rum and bottled coke. No, this fact after fact, observation and explanation, point after point, book will explain it all. It's a good book for those who want to know, not be entertained.

Good reading for anyone considering moving to Panama.

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